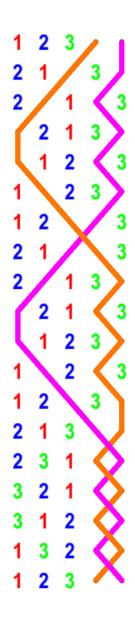


## **Cloister Doubles (with a Plain Bob start)**



## **Purpose**

Cloister Doubles (sometimes referred to as St Helen's or Stedman Quick Sixes) is a short method where two of the bells plain hunt on three.

As a step towards learning Plain Hunt, it provides an opportunity to hunt on three, with one of the other hunt bells remaining constant and just the third bell varying.

If a ringer can already plain hunt on three but has become accustomed to following bell numbers, looking out for a different third bell can help develop the skill of ringing by place.

Looking out for a different bell each time may be a new skill.

The other three bells double dodge 4-5 up and down which is preparation for the back work in Stedman Doubles.

If there is a tenor ringer, they will be ringing over only three different bells.

## **Ringing Cloisters**

The treble and 2 both plain hunt on three.

The 3, 4 and 5 plain hunt on five, double dodging 4-5 up and down

Both plain hunting bells will ring over each other, with the addition of one different bell each time.